

Winter Newsletter

2023/24

Oh my goodness!!
It's freezing, wet, windy - horrible



Never mind, it's always lovely and cosy at Harlawhill

The decorations are down, the Xmas tree away and we are back to auld claes and porridge. It's the time of year to look forward and stick to our resolutions. The staff at Harlawhill will be going above and beyond the call of duty once again to make Harlawhill Day Centre the envy of everyone else.

Lot's to look forward to, including, Burns Night, Valentines Day, Mother's Day and Easter. A fun packed early start to 2024. We'll need everyone to sharpen up these artistic and creative skills

A few guidelines to follow over the remaining winter months

Remember, if you are suffering from sickness and diarrhoea, you need to stay away from the day centre for a minimum of 48 hours. Also, if you are feeling under the weather with sniffs and sneezes, then again stay away from the centre. As we have many elderly personnel mingling together, we don't want to spread our diseases to other's. That would not be nice. And if you are not coming to the centre on your assigned day, then please remember to call Fiona on 814989 so she can divert the bus from going on an unnecessary journey.

Centre News -- Our team

Staff

Fiona's the **BOSS**, say no more

Gillian has been with us a while now and we have long forgiven the fact she hails from Wallyford (somebody has to)

Emma is our quiet, calm member of staff, never flusters and puts people at ease

Jackie is our Arts and Crafts expert who excels in a one to one with members continually encouraging them

And **Louise**, who is always feeding us up, plenty drinks, singing and dancing, she's like the Duracell Bunny, never stops.

Yvonne and **Doug** are our bus drivers who take care of us to and from Harlawhill.

And the lovely **Avril** who keeps our centre sparkling clean.

Volunteers

Monday – **Pauline Archibald**

Tuesday – **Ina O'Brien** and **Lee Adamson**

Wednesday – **Linda Tennent** and **Ann Kerr**

Thursday – **Ina O'Brien** (again, good old Ina, oops, shouldn't have said old)

Friday – **Nora Hogg** (who is currently having a lovely time in Australia)

Trustees

Fiona Stewart (our lovely chairperson)

Morag McLeod, our secretary extraordinaire

Bill Miller, a typical treasurer (still counts in Farthings)

Ewan McMillan, our ukulele playing trustee

Janet Smith is our Care Commission contact

And out two new trustees **Susan Johnston** and our past bus driver and newsletter editor **Robert Gillies** (*Editor – that's me*). Please be gentle with us

Social Media

Sorry to any members if they were disappointed that staff can't be friends on their personal Facebook pages, this is a new procedure and just us following guidance from the care inspectorate.

You can still follow us on the Harlawhill Facebook page and if you need to get in touch with the centre, do it through the proper channels, phone the centre or leave a message and we will get back to you asap.

Donations

As always, the generosity of our community leaves me breathless. People of Prestonpans may need Harlawhill Day Centre but rest assured, we need the people of Prestonpans every bit as much. Many times, different sectors of the community step up when we need them and at other times, donations appear from the most unlikely places. We are truly grateful to each and every one of you. These donations go into a separate account solely used for members for entertainment, birthday treats, outings and all the extras we need to keep everyone happy, singing and dancing. Our accounts are always available to see and looked after by our treasurer Bill, who treats every £ as a prisoner (just kidding, he's a nice man).

Donations received since the last newsletter are.....

	<u>£'s</u>		<u>£'s</u>
Morag Dickson	100	Tam Jardine	100
Nora Hogg	50	Jack and Pat Rose	150
Ella Cranston Funeral Collection	400	Tam Gibbons	50
Bebe Berg	200	Xmas shopping night	1559
Calendar	810	Castlepark Bowling Club	250
Legion Fundraiser	2401	Lesley Morgan	100
Fiona Ormsby	100	Jackie McLeod	50
Prestonpans Doctors Xmas Raffle	420	Book Sales	100
Tam Kelly Funeral Collection	150	Ann Bannan	50
Elsie Leighs family	250	Pats Christmas Quiz	80
Monthly donation Ann Gilmore in memory of her mum Frances Clark			30
East Coast Carpets – John Thomson's son			250
Cathy and Mary Jane – Phyllis's family			500
Monthly Income from Community Lottery			100

TOTAL - £8250 – MARVELLOUS

Please accept our heartfelt thanks – this total is going to keep a lot of people very happy for a very long time

Departures and Arrivals

We have sadly said goodbye to a few people in the past months for a number of reasons.

Members who have stopped attending due to requiring 24 hour care at home are **Margaret Brown Jnr** and **Frank McLeod**

Members who have moved into a Care Home are **Margaret Brown Snr, Isobel Stewart, Margaret McNeill, Peter Mullock** and **Isa Ross**

Sadly, the following members have passed away – **Ella Cranston, Elsie Leigh, Jean Thorpe, Jimmy Redpath** and **Tam Kelly**

And the lucky people who have recently arrived to join our renegade band of recycled teenagers are **Margaret Ross, David Brown, Helen Wells, Agnes Stewart, Andrew Davie, Nan McKenzie, Dana Zuzeviciene, Elizabeth Wilson** and **Sheila Sheridan** – welcome aboard.

And finally, we say a very sad farewell to little **Kylie**, the lovely little companion of **Phamie Swan**. Our members loved seeing **Kylie** in the centre, she was a well-behaved little dog who reached 15 years old and always smartly turned out with her pink bow in her hair

Your Voice

Your voice is important, your ideas are always welcomed. Lots of activities coming up so if there is anything in particular you wish to see or even try, just speak to any member of the staff who will be only too pleased to listen, advise and get going

This also applies to any family member or carer that our members have, the more idea's, the better.

Joke Corner

How do trains eat?

They choo choo!

Where do cows go to on a date?

The Moo-vies!

I got rid of my vacuum cleaner

It was just gathering dust!

Some of the Shenanigans in recent times



Ladies who Lunch



Part of our successful Xmas shopping event



Excellent day at Eskmills in Musselburgh



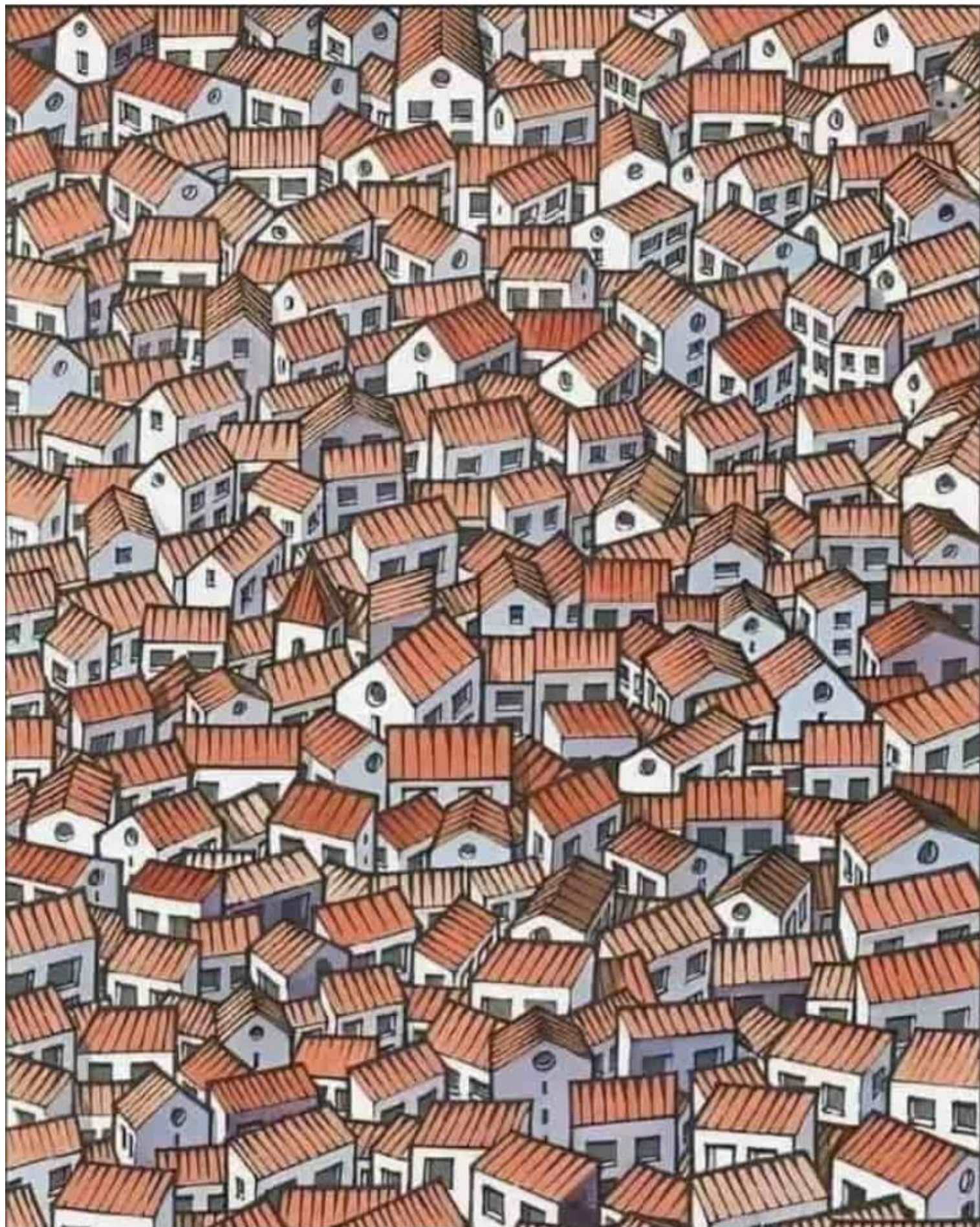
And Table 29 – don't think they drank as much as Table 28



There is never a drink far away from Davie – or Yvonne (whos driving)



It makes a change seeing these three with tea in their hands



Can you find Tiddles the cat? – He's missing